

## ***A Dancer's Reflection* Anti-Negativity, Anti-Gossip and Anti-Bullying Contract Parent/Student/Studio Agreement**

Everyone has the right to feel physically and emotionally safe, accepted and respected at *A Dancer's Reflection*. All dancers and parents are expected to do everything they can, as members of the studio, to create and preserve a physically and emotionally safe, positive environment. At *A Dancer's Reflection*, negativity, gossip and bullying will not be tolerated.

Negativity refers to any gesture, action, verbal statement or cyber communication that does not promote a positive environment at *A Dancer's Reflection* and positivity towards those who are members of the studio.

Gossip refers to the sharing of information that does not benefit *A Dancer's Reflection* and its' members.

Bullying refers to verbal acts, physical acts, social and emotional acts and cyberbullying.

Member of *A Dancer's Reflection* refers to all students, parents and staff at *A Dancer's Reflection*.

Some examples of specific behaviors that constitute negativity, gossip and bullying are (but not limited to):

- Spreading rumors or posting degrading, harmful, negative messages, or information using social media or other forms of electronic communication about any member of *A Dancer's Reflection*, or the studio itself. Taunting or humiliation of *A Dancer's Reflection* member through social media sites such as Facebook. According to the RCMP, Cyberbullying involves the use of communication technologies such as the Internet, social networking sites, websites, email, text messaging and instant messaging to repeatedly intimidate or harass others. Cyberbullying includes sending mean or threatening emails or text/instant messages, posting embarrassing photos of someone online, creating a website to make fun of others, pretending to be someone by using their name, tricking someone into revealing personal or embarrassing information and sending it to others.
- Psychological acts of bullying such as intimidation tactics and purposeful negative non-verbal communication towards a member of the studio.
- Verbal bullying (using words to hurt someone): includes name calling, insults, joking, put-downs, threats and teasing, or making offensive remarks about a person in any way.
- Social bullying (using your friends and relationships to hurt someone): includes spreading rumors, gossiping, excluding others from a group or making others look foolish or unintelligent. Actions designed to harm a members' reputation or humiliate a member of the studio. This also includes students or parents bragging to others about which classes the student has been placed in and their skill level in order to make other students feel bad about themselves.
- Gossip about any member of the studio.
- Gossip and or complaining about studio policies and procedures.
- Gossip and or complaining about decisions made by Instructors.

*A Dancer's Reflection* is not responsible for policing the content of dancers' or parents' social media sites.

I understand that negativity, gossip and bullying, whether it is cyberbullying, physical, psychological or verbal acts that disrupt the positive learning environment at *A Dancer's Reflection* will result in the following disciplinary action:

1st Offense: Your parents and instructors will be notified, conference with Ms. Becky and/or instructors, and possible peer conference.

2nd Offense: You will be asked to leave our studio.

I commit that I will not be negative to or bully any member of *A Dancer's Reflection*. I commit to not gossiping and or spreading rumors about any member of *A Dancer's Reflection*. I understand the anti-negativity, anti-gossip and anti-bullying contract.

Parent signature: \_\_\_\_\_ Student signature: \_\_\_\_\_ Date: \_\_\_\_\_